



# School Meals Menu



## Week A Menu

For weeks commencing:

7 January  
28 January  
25 February  
18 March  
8 April

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Selection	Salmon Fishcakes	Chicken Tikka & Rice	Roast Gammon & Pineapple (GF)	Fish Fingers & Ketchup	Meatballs in a Vegetable Sauce with Spaghetti
	Cheese & Tomato Pizza (V)	Pasta Bake with Tomato & Basil Sauce (V)	Quorn Cottage Pie with Sweet Potato & Mash Topping (V)	Cheese Flan (V)	Quorn Lasagne (V)
	Jacket Potato with Tuna Mayo (V)	Jacket Potato with Cheese (V)			Jacket Potato with Cheese & Beans (V)
Vegetable/Salad Selection	Potato Wedges Sweetcorn	Naan Bread Cucumber & Mint Riata	Oven Roasties Cauliflower Cheese & Baby Carrots	Chips Baked Beans & Garden Peas	Petit Pain Mixed Leaf Salad
	Salad Bar	Salad Bar	Seasonal Fruit Trolley	Salad Bar	Salad Bar
Sweet Selection	Arctic Roll & Raspberry Sauce	Homemade Biscuit	Chocolate Sponge & Chocolate Sauce	Fruit Muffin	Chocolate Chip Scone
	Fresh Fruit Selection and Yoghurt available daily				
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

**Allergy Advice - If your child has a food allergy or special dietary requirement please speak to the School Office.**



# School Meals Menu



## Week B Menu

For weeks commencing:

14 January  
4 February  
4 March  
25 March

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Selection</b>	Chicken Korma & Rice	Baked Sausage with Onion Gravy & Yorkshire Pudding	Chicken Pie & Gravy	Pepperoni Pizza	Oven Baked Battered Haddock
	Vegetable Ravioli (V)	Vegetable Lasagne & Petit Pain (V)	Quorn Fillets & Gravy	Quorn Sausages & Onion Gravy with Yorkshire Pudding (V)	Southern Fried Quorn Burger in a Bap (V)
	Jacket Potato with Cheese (V)			Jacket Potato with Cheese & Beans (V)	Jacket Potato with Tuna Mayo
<b>Vegetable/Salad Selection</b>	Naan Bread with Mint & Cucumber Riata	Creamed Potatoes Garden Peas	Oven Roasties Broccoli & Carrots	Potato Wedges Mixed Green Vegetables	Chips Mushy Peas & Sweetcorn
	Salad Bar	Salad Bar	Seasonal Fruit Trolley	Salad Bar	Salad Bar
<b>Sweet Selection</b>	Fruit Mousse Slice	Homemade Biscuit	Rice Pudding & Raspberry coulis	Assorted Cold Puddings	Flapjack
	Fresh Fruit Selection and Yoghurt available daily				
<b>Drink</b>	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

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# School Meals Menu



## Week C Menu

For weeks commencing:

21 January  
11 February  
11 March  
1 April

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Selection</b>	Chicken Goujons & BBQ Sauce	Corned Beef Pasty	Braising Steak & Onion Gravy (GF)	Chicken Casserole & Yorkshire Pudding	Beef Bolognese
	Cheese & Tomato Panini (V)	Macaroni Cheese & Crusty Bread (V)	Quorn & Vegetable Pie & Gravy	Savoury Quorn Mince & Yorkshire Pudding	Broccoli & Cheese Flan (V)
		Jacket Potato with Cheese (V)		Jacket Potato with Cheese & Beans (V)	Jacket Potato with Tuna & sweetcorn
<b>Vegetable/Salad Selection</b>	Oven Baked Seasoned Wedges & Winter Salad	Chips Baked Beans & Garden Peas	Creamed Potatoes Carrots & Broccoli	Green Beans	Mixed Vegetables & Buttered Pasta
	Salad Bar	Salad Bar	Seasonal Fruit Trolley	Salad Bar	Salad Bar
<b>Sweet Selection</b>	Rice Pudding with Fruit Compote	Strawberry Whip	Apple Crumble & Custard	Peaches & Ice Cream	Iced Cake
	Fresh Fruit Selection and Yoghurt available daily				
<b>Drink</b>	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

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